

# Commitment 101

Week 7

## READY:

All a man's ways seem right in his own eyes, but the Lord weighs the motives. Commit your activities to the Lord and your plans will be achieved. –Proverbs 16:3

## SET:

“Commitment” is a big buzzword in sports today. Coaches are asking for commitment, players want to be committed, and colleges are looking for four-year commitments. But commitment is a word that is used very loosely today.

When it comes to commitment, Jesus Christ wants us to be committed as well. He desires our commitment. When is the last time you said, “Lord, I am committing this to You!”

In Proverbs 16:3, we read that if we commit our work to the Lord, our plans will succeed. Now, that does not mean we will always win, but that we will be successful. When we walk with the Lord, we are guaranteed ultimate victory with Him in the end.

Committing everything to the Lord is a moment-by-moment adventure, not just a “once and done.” Everything we do, everything we are and everything about us needs to be completely committed to Christ. You might say that sounds like a lot to ask, but it is the only way that we can be totally committed to Christ. Anything less just doesn't add up.

Are you struggling with commitment in life? If so, you must first commit all that you are to Christ and then go from there. Once you are fully committed to Him, things will work out in the end.

## GO:

1. How committed are you?
2. What are you most committed to?
3. In terms of percentage, how committed are you to Christ?
4. What are some specific ways that you can become more committed to Christ with all that you are?

**WORKOUT:**

Psalm 37:4-6 (NASB)

Delight yourself in the LORD;

And He will give you the desires of your heart.

<sup>5</sup> Commit your way to the LORD,

Trust also in Him, and He will do it.

<sup>6</sup> He will bring forth your righteousness as the light

And your judgment as the noonday.

1 Peter 4:19 (NIV)

So then, those who suffer according to God's will should commit themselves to their faithful Creator and continue to do good.

Revelation 3:15-16 (NASB)

'I know your deeds, that you are neither cold nor hot; I wish that you were cold or hot. <sup>16</sup> So because you are lukewarm, and neither hot nor cold, I will spit you out of My mouth.

**OVERTIME:**

Lord, today I commit to You. Help me to integrate this commitment into every part of my life so that I will be successful. Please bring friends into my life who can help keep me accountable as I live out my commitment to You. Amen.