

Aversion

I should do what God wants me to do.

Trust in the Lord forever.

Isaiah 26:4

Yucky, Yummy Broccoli

"I don't like it!" yelled Danny. "I don't want it."

Danny had been given a big piece of broccoli with his dinner. He didn't want to eat it.

Mommy looked Danny straight in the eye and explained, "I only gave you one piece, and you've eaten broccoli before, so it's not too much for me to expect you to eat it. You need it to grow big and strong."

Danny looked down at his plate. He didn't want to eat broccoli, but he didn't want Mommy to be mad at him either. What could he do?

As Mommy hurried around the kitchen, Danny decided that he would just drop his broccoli on the floor. "Oops," he said as he watched the green vegetable fall to the floor under the table.

Now he wouldn't have to eat something that he didn't like, he thought. But Mommy just washed it off and put it back on his plate!

Something can be good for you even if you don't like it. Danny didn't like broccoli, but it was good for him so he should have eaten it. God wants you to do what's best for you, even if you sometimes don't want to do it. Don't just do what you like to do...do what God wants you to do.

Your Turn

1. Have you ever eaten something you didn't like just because it was good for you?
2. Why should you do what's good for you even if you don't want to?

Prayer

God, please help me to do the things that are best for me, even if I sometimes don't like those things. Amen.