

# Honesty

I should be nice and keep my bad thoughts to myself.

*Speaking the truth in love.*

*Ephesians 4:15*

## Yucky Dress

"That dress doesn't look good on you," Brady said to the lady at his play group.

"Oh," said the lady with a frown. "Thanks for telling me." But she wasn't really thankful. She was hurt.

"Brady!" Mommy scolded. "You shouldn't have said that."

"Why not?" Brady asked. "It's true. That dress doesn't look nice. I don't like that dress on her."

"You may think so," Mommy explained, "but it's not okay to say it out loud."

"Why not?" Brady asked.

"Because you hurt her feelings," said Mommy. "Even if something is true, you don't have to always say it, especially if what you think could hurt someone."

It's always good to tell the truth, but that doesn't mean you have to always say the truth out loud. If telling the truth would hurt someone, then it's okay to keep your thoughts to yourself. God wants you to be kind to others, not hurtful.

## Your Turn

1. Why did Brady's mommy tell him he shouldn't have said the truth out loud?
2. Have you ever said something that was true but it hurt someone?

## Prayer

God, please help me to remember that sometimes I need to keep my thoughts to myself. Amen.