

Week 1

Get to Know Your Team

Ready (*Plant the seed*)

Two are better than one, because they have good return for their labor:

If either of them falls down, one can help the other up.

But pity anyone who falls and has no one to help them up.

-Ecclesiastes 4:9-10

Set (*Get the conversation started*)

Welcome to the new season! I hope you are enjoying it so far. Being part of a sports team is more than friendship and playing ball; it can also be a great opportunity to be an ambassador for Christ and show God's love to others. You will show grace in defeat and humility in success. You will show compassion for injured players. You will respect the calls of the officials and the directions from your coaches. You will always do your best. All of these things model what it means to be a Christian athlete. Let's take a moment to get to know each other.

-Introduce all players

-grade

-school

-playing experience

Thank each player and give them a compliment as you transition to the next one.

Grow (*Talk it over*)

-What do you hope to learn this season?

-What are the characteristics of a Christian athlete?

-Why should we show Christian values as athletes?

Pray

Father God, thank you for bringing this group of players together. Please guide us through the season to exemplify what it means to be a Christian athlete and share the love of Jesus with others. Help us to make the right decisions especially when it is hard. May all we do this season honor you. In Jesus's name, Amen.

Overtime

-Go over your division's specific rules for the season. If you are moving up a division, make sure the players know what is changing and what they can expect.

-Ask them if they have any questions.

-Greet parents and discuss what they can expect this season.